

Arnold Schwarzenegger: 6 Rules of Success

Listen to his speech as often as you need and try to understand what he means with each rule he gives. Complete the worksheet as well as you can. There is no right or wrong, it is your interpretation at first, so be confident in your answers.

1. What are Arnold Schwarzenegger's 6 rules of success? Name them and explain the meaning of each rule.

Rule #1: _____

Meaning: _____

Rule #2: _____

Meaning: _____

Rule #3: _____

Meaning: _____

Rule #4: _____

Meaning: _____

Rule #5: _____

Meaning: _____

Rule #6: _____

Meaning: _____

2. What does he mean when he says: "You cannot climb the ladder of success with your hands in your pockets!"

3. What is the most important rule? Why?

4. Do you think that he is right? Would you agree with all his points? Is there any rule you do not agree with?
